



What's on at the Hub

— SEPTEMBER - DECEMBER 2019 —

Community Hub, Gadwall House, Perryfield Way, London NW9 7DZ

MONDAY

MANICURE & PEDICURE COURSE (BSC) MAKE UP FOR WORK & OCCASIONS

Students will create their own nail art portfolio and include application/technique of gel polish.

Starts: 16th Sept - 28th Oct (6 weeks)

Time: 9.30am - 12.30pm

CHAIR YOGA & DANCE MUSIC (SARJAN NARTAN ACADEMY)

Designed for elderly people and those with disability or minor illness. Exercise in a fun and friendly environment.

Starts: 16th Sept - 16th Dec

Time: 2pm - 3pm

ZUMBOLIC (SARJAN NARTAN ACADEMY) THE ULTIMATE DANCE EXERCISE SESSION

Want a healthy heart, stress relief and lose weight whilst making new friends? Join our ultimate dance exercise session.

Starts: 16th Sept - 16th Dec

Time: 7.30pm - 8.30pm

EMPLOYMENT SUPPORT & JOB CLUB (OLMEC)

Weekly job support, through one-to-one job coaching, job search, cv writing, interviews & access to live job vacancies.

Starts: 16th Sept - 16th Dec

Time: 10am - 3pm

PAEDIATRIC FIRST AID TRAINING (BSC) X3 DAYS

Preparation to handle emergency situations with children until medical trained professionals arrive.

Date: 9th Sept

Time: 9:30am - 2:30pm (Day 1)

TUESDAY

PAEDIATRIC FIRST AID TRAINING (BSC)

Preparation to handle emergency situations with children until medical trained professionals arrive.

Date: 10th Sept

Time: 9:30am - 2:30pm (Day 2)

LEVEL 1 CERTIFICATE OCCUPATIONAL STUDIES & BUSINESS ADMINISTRATION (LEARN +US)

An opportunity to study a range of units relating to Administration and Employability.

Starts: 24th Sept - 5th Nov (6 weeks)

Time: 9:15am - 2:30pm

ESOL ENGLISH SPEAKERS OF OTHER LANGUAGES (BSC)

Want to improve your English speaking, listening, writing and reading skills? Then this class is for you!

Starts: 17th Sept - 19th Nov (9 weeks)

Time: 1pm - 3pm

MATHS & ENGLISH (YEARS 4 - 6)

Maths and English tuition to provide extra support to children's learning and personal development.

Starts: 17th Sept - 10th Dec

Time: 4pm - 6pm

LOCAL COUNCILLOR SURGERY

An opportunity to meet your local Councillors; Cllr Prager & Cllr Richman to discuss & possibly resolve matters of concern.

Starts: 18th Jun 19 - 21st Jul 20

Time: 7 - 8 pm
(3rd Tuesday of every month)

YOGA - HEALTH, MINDFUL & WELLBEING

Teaching gentle restorative yoga poses before progressing with static and dynamic yoga poses through energising yoga practice.

Starts: 25th Oct - 13th Mar 20

(18 weeks)

Time: 7pm - 8 pm

OCCUPATIONAL STUDIES & BUSINESS STUDIES (LEARN + US) NCFE LEVEL 2

Want to gain knowledge and understanding of working within a range of business environments as an administrator, then this is for you!

Starts: 19th Nov - 19th Dec (6 weeks)

Time: 9am - 2:30pm

WEDNESDAY

PAEDIATRIC FIRST AID TRAINING (BSC)

Preparation to handle emergency situations with children until medical trained professionals arrive.

Date: 11th Sept

Time: 9:30am - 2:30pm (Day 3)

FUNCTIONAL SKILLS MATHS & ENGLISH (LEARN +)

This course will provide practical skills needed to live, learn and work successfully.

Starts: 18th Sept - 19th Dec

Time: 9:30am - 2:30pm

SPANISH LESSONS

Take the first step into learning the second most spoken language in the world! Led by Marlon Bonilla.

1st Cohort starts: 5th Sept - 27th Nov

2nd Cohort starts: 4th Dec - 19th Feb

Time: 7:30 - 8:30pm

THURSDAY

SOUL CAFÉ

Drop in for a chat in the company of Revd. Candy and residents of all faiths.

Ongoing: every 2nd & 4th Thursday of the month

Time: 7pm - 8:30pm

FRIDAY

IPS WORKS EMPLOYMENT SUPPORT (TWINING ENTERPRISE)

If you are over 25, unemployed and motivated to work but looking for support, then this might be the right programme for you.

Starts: 6th Sept - 13th Dec

Time: 10pm - 12pm

SATURDAY

TV SKILLS TRAINING (BARNET TV LTD)

Like to know more about producing and directing films or TV shows? Participants will get an insight into all aspects of film production.

Starts: 14th, 21st, 28th Sept, 5th & 12th Oct

Time: 10:30am - 4pm

RISE INTO EMPLOYMENT FOR PEOPLE LOOKING FOR JOBS OR CAREER CHANGE (OLMEC)

Offers advice, training and flexible support to help getting a job.

Starts: 12th, 19th, 26th Oct, 2nd, & 9th Nov

Time: 10:30am - 4pm

NAIL, MANICURES AND PEDICURES

Be pampered and preened, enjoy therapy for your hands and feet from a luxury manicure, gel polish or pedicure. Delivered by Yesim Mustafa.

Starts: 7th Sept - 21st Dec

Time: 12pm - 3:30pm

SUNDAY

YOUNG PEOPLE'S PROJECT

Youth project for ages 7 to 14 years. Come and socialise, play and have fun with other young people.

Led by Janesha Chauhan.

Starts: 15th Sept - 15th Dec (and then every other Sunday)

Time: 12:30 - 2:30pm

RESIDENTS LAW CLINIC

Free advice offered by Barrister: Dr Rakhi Rashmi on Immigration and Human Rights matters.

Starts: 29th Sept (and then every other Sunday)

Time: 7 - 8pm

EVENTS

CONNECTING NEIGHBOURS

Join residents of West Hendon for another Connecting Neighbours event. Led by Tracy Cookey

Date: 19th Oct | **Time:** 6pm - 8pm

Date: 21st Dec | **Time:** 6pm - 8pm

SIA - DOOR SUPERVISION LICENCE

Get a Security Industry Authority (SIA) badge and increase your chances of gaining employment within the security Industry by attending our 4/5-day door supervision programme.

Date: 14th Oct - 18th Oct

Time: 9:30am - 4:00pm

TENANTS AND RESIDENTS CHRISTMAS CELEBRATION

Join fellow residents to celebrate Christmas! Lots of entertainment and fun guaranteed.

Date: Saturday 14th Dec

Time: 6pm - 8pm

CCTV - OPERATIVE LICENCE

If you already have an SIA badge and would like to advance your career in the sector, then acquiring your CCTV operative licence might be the next step for you!

Date: 25th Nov - 29th Nov

Time: 9:30am - 4:00pm

BOOK LAUNCH @ THE HUB

Katrina Newman a resident of West Hendon and will be launching her new book!

Date: 16th Nov

Time: 5 - 9pm

All courses and activities are free of charge unless otherwise stated. To register or for more information on any of the courses, please contact Andrew Bindi on:

 M: 07702 532 946  E: andrew.bindi@mtvh.co.uk

 or visit us online: [f /westhendoncommunityhub](https://www.facebook.com/westhendoncommunityhub)